

August 1, 2011
God Bless America

More for your money!
\$1.79

Woman's World

A great week made easy!

Summer fun!



Gourmet ice-cream sandwiches!

BEAT TIREDNESS

with chocolate, water and an easy acupressure trick!

THINNING HAIR?

Our amazing volumizing recipe boosts fullness and body!

New research! The spice that **SHRINKS FAT CELLS!**

Zap stress!
in two minutes flat!



Recipe for PERFECT HEALTH!

Herbs that heal PMS, kill bacteria and lower cholesterol!

REVERSE A SUNBURN!

Rub this miracle cream on to heal pain, remove redness—even repair cell damage!

The bathtub mix-in that **HEALS BACK PAIN!**

BUST CLUTTER!

Easy fixes for your biggest mess!

DR. OZ SHAKES OFF THE WEIGHT!

LOSE 9 LBS A WEEK

drinking yummy health-bonus smoothies that:

- ✓ BLAST BELLY FLAB!
- ✓ REV ENERGY!
- ✓ BOOST BRAINPOWER!
- ✓ FIGHT FATIGUE!
- ✓ CURE INSOMNIA!



Love FACEBOOK?
4 must-know security tricks that foil online thieves!

Recession Busters!

Pay less for electricity!

Want to cut your electric bill by as much as \$600 per year? You can start saving today with easy-to-use gadgets that cost less than \$20!

1 Motion-activated lights!

Lights get left on? Install a motion-activated sensor to automatically turn off lights after a set period of time! Try: Leviton White SP Occupancy Sensor, \$13.34, TheGreatHardwareStore.com. **Yearly savings:** Up to \$400!

2 Smart power strips!

Plugged-in devices use energy even when shut off! Nix the drain with new "smart" power strips that automatically supply electricity to peripherals like a DVD player when you turn on a TV, then cut energy when the main electronic is turned off! Try: SurgExpert Smart Surge Strip, \$18.99, Cyberguys.com. **Yearly savings:** \$200!

Tip! Connect your gadgets to the Kill-a-Watt Electricity Monitor (\$20, Home Depot) and you'll instantly uncover big energy drains!

3 Programmable air vents!

Replace old air vents with ones that have programmable timers to shut airflow to unoccupied rooms during times you specify. Try the Vent-Miser Programmable Energy Saving Vent, \$8.99, Amazon.com. **Yearly savings:** \$600!

4 Solar lamps!

Swap nighttime electric reading lamps for solar-powered ones! To make the LED bulb shine, put the solar panel by a window, then place it in the lamp's base when you're ready to turn it on! Try the IKEA Sunnan Table Lamp, \$19.99, IKEA.com. **Yearly savings:** \$100!



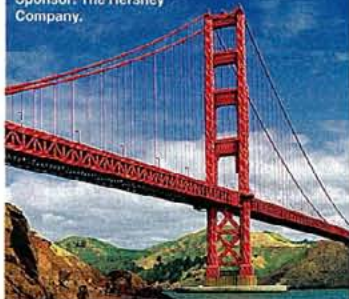
Win these!



Win a landmark adventure!

Twizzlers Candy and The Travel Mom are teaming up to sweeten your summer road trip! Learn more at Twizzlers.com, where you can enter to win a vacation for four to the U.S. park, monument or landmark of your choice and \$2,500 spending money. Daily travel prizes include GPS units, digital cameras and national parks guidebooks.

U.S. only. See site for rules. Ends 11:59 p.m., ET, 8/4/11. Sponsor: The Hershey Company.



Win a healthy start to your day!

Tropicana is giving four lucky readers a "Healthy Star" prize pack to help put the "good" in your morning. It starts with a year's supply of Tropicana Pure Premium orange juice. Winners also receive a \$250 grocery gift card to help round out their healthy breakfasts! Enter to win at WomansWorldMag.com, and visit Facebook.com/Tropicana to learn how you can help underserved kids by taking the Tropicana Fruit & Veg pledge!

U.S. only. No purchase necessary. See site for rules. Ends 11:59 p.m., ET, 9/12/11.

Win a Skooba satchel!

Travel smart and in comfortable style with a Skooba satchel. Weighing less than 50 oz., this ergonomic carryall has more than a dozen pockets to organize your phone, files and accessories—there's even a pouch for your water bottle. Its Air Square protection cushions your laptop with hundreds of air-filled cells, while its patent-pending Superbungee strap cushions your shoulder. Visit WomansWorldMag.com for your chance to win one of 10!

U.S. only. See site for rules. Ends 11:59 p.m., ET, 9/12/11.



Win a deluxe Radio Flyer wagon!

Hitch your wagon to WomansWorldMag.com, where five readers will each win a Comfort Embrace Wagon from Radio Flyer! It's specially designed so babies ages six months and up can ride along with an older sibling snuggled in a cradling infant seat with a 5-point safety harness. The Comfort Embrace also features a pair of adjustable and removable canopies with UV protection, Dura-Tred tires for a smooth ride and a large fold-away storage bag and rear compartment.

U.S. only. See site for rules. Ends 11:59 p.m., ET, 9/12/11.

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