

Your Child Could Be On Our Cover! SEE P. 170

HEALTHY KIDS  
HAPPY FAMILIES

# Parents

## Raise A Kid Who Cares

Fun Games That  
Teach Kindness

Break The  
Binky Habit  
(Painlessly)

EASY RECIPES

Sneak More  
Veggies Into  
Every Day

A SUPER-QUICK  
SLIMDOWN FOR  
BUSY MOMS



**Birthdays**  
**On A Budget**  
5 Amazing Parties Under \$100

**SPEED-CLEAN  
YOUR HOME!**  
So You Can Have  
More Time For You

PARENTS.COM  
MAY 2011

\$3.50 U.S.A.



MUST SEE

MUST DO

MUST HAVE THIS MONTH

# goody bag

## Little Green Thumbs

Starting a garden with your children is lots of fun and can teach them about nature, growth cycles, and much more. Here are our top three planting picks:



### Cart It!

Make gardening seem less like a chore and more like a game with this easy-to-push wheelbarrow. (3 years+, \$40; [radioflyer.com](http://radioflyer.com))



### Read It!

Get younger kids excited by learning about how seeds grow into plants and flowers.

A good pick? *Olivia Plants a Garden* (4 to 8 years, \$4)



### Work It!

Go with gear that's made just for kids' hands. We dig the adorable Sunny Patch Tootle Turtle Tote Set. (3 years+, \$15; [melissaanddoug.com](http://melissaanddoug.com))

